



Amber Crain
Board Member

Amber Crain is an Organizational Development Manager at Tyson Foods, Inc. where she develops and integrates a variety of human resource programs designed to achieve strategic business goals and operational objectives. Her focus areas include talent development, organizational culture, team effectiveness, organizational leadership, and change management. Previously, Amber served as a Senior HR Generalist at Tyson where she supported the organization and its employees in areas such as employee relations, benefits, compensation reviews, policy management, diversity and inclusion, and restructures, among other areas. Amber holds multiple professional facilitator certifications and is actively completing a BA degree in Organizational Leadership through Roosevelt University.

Although not a Chicago native, Amber has spent her 15 years as a Chicago resident volunteering and working with several area nonprofits including serving as a literacy mentor with Working in the Schools (WITS), volunteering her time as a student mentor through Spark, and serving as an associate board member of the Greater Chicago Food Depository. Additionally, she provides pro bono HR services to Chicago Debates, a nonprofit organization that serves high school and middle school students participating in the largest urban policy debate league in the country. Growing up as a student in an underfunded and under-resourced public education system herself, Amber has a passion for equal educational opportunities for all regardless of race, color, national origin, or zip code.

Amber resides in the downtown area with her boyfriend, Will, and their two sighthounds Pony and Fritz. She and Will are beer enthusiasts, having visited every brewery in the Chicagoland area with less than five breweries to visit before completing the entire state of Illinois.